

# Heartland 9-12 Menu

WEEK 1: April 3-7

30-50 kids total

MONDAY	Quantity Ordered	TUESDAY	Quantity Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Quantity Ordered	FRIDAY	Quantity Ordered
<b>Beef Nachos</b>	<i>Send</i>	<b>Chicken &amp; Waffles</b>	<i>2 Send</i>	<b>Mozzarella Sticks w/Marinara</b>	<i>2 Send</i>	<b>Cheeseburger</b>	<i>2 Send</i>	<b>Macaroni &amp; Cheese</b>	<i>2 Send</i>
Broccoli (Dark Green)	3#	Cherry Tomatoes (Red/Orange)	10 pints	Mixed Greens (Dark Green)	6#	Carrots (Red/Orange)	6#	Cucumbers (Other)	2x recipe
Refried Beans (Legumes)	2x recipe	Green Beans (Other)	2 #10 cans	Sweet Potato Fries (Red/Orange)	7# frz	Roasted Potatoes (Starchy)	2x recipe	Broccoli (Dark Green)	3#
Pears	2 #10 cans	Pineapple	2 #10 cans	Cinnamon Applesauce	2 #10 cans	Blueberries	8#	Grapes	9#
Apple	40	Banana	40	Orange	40	Banana	40	Apple	40
Choice of Milk	40	Choice of Milk	40	Choice of Milk	40	Choice of Milk	40	Choice of Milk	40

WEEK 2: April 10-14

MONDAY	Quantity Ordered	TUESDAY	Quantity Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Quantity Ordered	FRIDAY	Quantity Ordered
<b>Chicken Nuggets w/Roll</b>	<i>Send</i>	<b>Chicken Tacos</b>	<i>2 Send</i>	<b>Mini Corndogs</b>	<i>2 Send</i>	<b>Ravioli w/Breadstick</b>	<i>2 Send</i>	<b>NO SCHOOL</b>	
Broccoli Raisin Salad (Dark Green)	1.5x recipe	Cole Slaw (Other)	2x recipe	Baked Beans (Legumes)	2x recipe	Cherry Tomatoes (Red/Orange)	9 pints		
Mashed Potatoes (Starchy)	2x recipe	Broccoli w/Cheese (Dark Green)	2x recipe	Sweet Potato Fries (Red/Orange)	8# frz	Green Beans (Other)	2 #10 cans		
Blueberries	8#	Pineapple	2 #10 cans	Applesauce	2 #10 cans	Peaches	2 #10 cans		
Orange	40	Apple	40	Orange	40	Banana	40		
Choice of Milk	40	Choice of Milk	40	Choice of Milk	40	Choice of Milk	40		

WEEK 3: April 17-21

MONDAY	Quantity Ordered	TUESDAY	Quantity Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Quantity Ordered	FRIDAY	Quantity Ordered
<b>Pepperoni Pizza</b>	<i>Send</i>	<b>Mozzarella Sticks w/Marinara</b>	<i>2 Send</i>	<b>Chicken Enchilada w/Rice</b>	<i>2 Send</i>	<b>BBQ Rib Sandwich</b>	<i>2 Send</i>	<b>Pork Quesadilla</b>	<i>2 Send</i>
Mixed Greens (Dark Green)	6#	Oven Fries (Starchy)	5#	Cucumbers (Other)	7 ea.	Baked Beans (Legumes)	2x recipe	Carrots (Red/Orange)	6#
Yams (Red/Orange)	1x recipe	Yogurt Cucumber Salad (Other)	3x recipe	Glazed Carrots (Red/Orange)	5x recipe	Green Bell Pepper Sticks (Other)	6#	Refried Beans w/Cheese (Legumes)	1.5x recipe
Strawberries	8#	Pineapple	2 #10 cans	Cinnamon Applesauce	2 #10 cans	Peaches	2 #10 cans	Grapes	9#
Apple	40	Banana	40	Orange	40	Apple	40	Orange	40
Choice of Milk	40	Choice of Milk	40	Choice of Milk	40	Choice of Milk	40	Choice of Milk	40

WEEK 4: April 24-28

MONDAY	Quantity Ordered	TUESDAY	Quantity Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Quantity Ordered	FRIDAY	Quantity Ordered
<b>Chicken Parmesan w/Breadstick</b>	<i>Send</i>	<b>Beef Tacos</b>	<i>2 Send</i>	<b>Cheeseburger</b>	<i>2 Send</i>	<b>Chicken &amp; Waffles</b>	<i>2 Send</i>	<b>Lasagna Roll-Up w/Breadstick</b>	<i>2 Send</i>
Broccoli (Dark Green)	3#	Corn (Starchy)	9# frz	Potato Salad (Starchy)	40x recipe	Creamy Tomato & Cuke Salad (Other)	3x recipe	Carrots (Red/Orange)	6#
Green Beans (Other)	2 #10 cans	Tomato Wedges (Red/Orange)	10#	Sweet Potato Fries (Red/Orange)	7# frz	Baked Potatoes (Starchy)	40	Edamame (Legumes)	12#
Blueberries	8#	Pineapple	2 #10 cans	Applesauce	2 #10 cans	Peaches	2 #10 cans	Fruited Jell-O	.5 x recipe
Apple	40	Orange	40	Banana	40	Apple	40	Orange	40
Choice of Milk	40	Choice of Milk	40	Choice of Milk	40	Choice of Milk	40	Choice of Milk	40