

Heartland School 9-12 Menu

WEEK 1: Dec 4th - 8th

30-50 kids total

| MONDAY | Quantity Ordered | TUESDAY | Quantity Ordered | WEDNESDAY | Quantity Ordered | THURSDAY | Quantity Ordered | FRIDAY | Quantity Ordered |
|------------------------------------|------------------|---------------------------|------------------|--------------------------------|------------------|----------------------------------|------------------|---------------------------|------------------|
| Popcorn Chicken with Roll | | Chicken Bacon Ranch Pizza | | Chicken Biscuit | | Mini Corndogs | | Cheesy Bread w/ Marinara | |
| | Quantity 2 Send | | Quantity 2 Send | | Quantity 2 Send | | Quantity 2 Send | | Quantity 2 Send |
| Seasoned Fries (Starchy) | 2x recipe | Mixed Greens (Dark Green) | 6# | Green Bean Casserole (Other) | 8# frzn | Celery (Other) | 120 | Baked Beans (Legume) | 2#10 cans |
| Broccoli Raisin Salad (Dark Green) | 2x recipe | Hot: Corn (Starchy) | 2#10 cans | Red Pepper Sticks (Red/Orange) | 6# | Hot: Glazed Carrots (Red/Orange) | 8# | Mixed Greens (Dark Green) | 6# |
| Blueberries | 8# | Roasted Pineapple | 2 #10 cans | Peaches | 2 #10 cans | Fruited Jello-O | .5 recipe | Pears | 2 #10 cans |
| Banana | 40 | Strawberry Cups | 40 | Apple | 40 | Pineapple | 2 #10 cans | Banana | 40 |
| Choice of Milk | 40 | Choice of Milk | 40 | Choice of Milk | 40 | Choice of Milk | 40 | Choice of Milk | 40 |

WEEK 2: Dec 11th - 15th

| MONDAY | Quantity Ordered | TUESDAY | Quantity Ordered | WEDNESDAY | Quantity Ordered | THURSDAY | Quantity Ordered | FRIDAY | Quantity Ordered |
|-----------------------------|------------------|----------------------------------|------------------|---------------------------|------------------|-----------------------------------|------------------|----------------------------|------------------|
| 2oz WG / 1.5oz M/MA | | 1.5oz WG / 1.5oz M/MA | | 1oz WG / 1.5oz M/MA | | 1.5oz WG / 1.5oz M/MA | | 2oz WG / 2oz M/MA | |
| Teriyaki Chicken Sub | | Crispito w/ Chips & Cheese Sauce | | Hamburger Pizza | | Spicy Chicken Patty | | Chili w/ Cinnamon Roll | |
| | Quantity 2 Send | | Quantity 2 Send | | Quantity 2 Send | | Quantity 2 Send | | Quantity 2 Send |
| Carrots (Red/Orange) | 6# | Red Pepper Sticks (Red/Orange) | 6# | Mixed Greens (Dark Green) | 6# | Hot: Au Gratin Potatoes (Starchy) | 2x recipe | Hot: Broccoli (Dark Green) | 6# |
| Hot: Stir Fry Blend (Other) | 6# | SW Pinto Beans (Legumes) | 2 #10 cans | Carrots (Red/Orange) | 6# | Green Beans (Other) | 6# | Cucumbers (Other) | 6# |
| Strawberry Cups | 40 | Blueberries | 8# | Grapes | 8# | Banana | 40 | Cinnamon Applesauce | 2 #10 cans |
| Apples | 40 | Oranges | 40 | Banana | 40 | Apples | 40 | Oranges | 40 |
| Choice of Milk | 40 | Choice of Milk | 40 | Choice of Milk | 40 | Choice of Milk | 40 | Choice of Milk | 40 |

WEEK 3: Dec 18th - 22nd

| MONDAY | Quantity Ordered | TUESDAY | Quantity Ordered | WEDNESDAY | Quantity Ordered | THURSDAY | Quantity Ordered | FRIDAY | Quantity Ordered |
|-------------------------------|------------------|----------------------------------|------------------|--------------------------------|------------------|------------------------------|------------------|-------------------|------------------|
| 2oz WG / 1.5oz M/MA | | 1.5oz WG / 1.5oz M/MA | | 1oz WG / 1.5oz M/MA | | 1.5oz WG / 1.5oz M/MA | | 2oz WG / 2oz M/MA | |
| Chili Cheese Dog | | Cheese or Chicken Quesadilla | | Cheeseburger | | Bacon, Egg & Cheese on Bagel | | HEARTLAND COOKS | |
| | Quantity 2 Send | | Quantity 2 Send | | Quantity 2 Send | | Quantity 2 Send | | Quantity 2 Send |
| Broccoli Florets (Dark Green) | 6# | Refried Beans w/ Cheese (Legume) | 2x recipe | Peas (Starchy) | 6# | Roasted Potatoes (Starchy) | 1x recipe | | |
| Tater Tots (Starchy) | 8# | Zucchini Sticks (Other) | 6# | Red Pepper Sticks (Red/Orange) | 6# | Green Pepper Sticks (Other) | 6# | | |
| Blueberries | 8# | Applesauce | 2 #10 cans | Strawberry cups | 40 | Peaches | 2#10 cans | HAPPY HOLIDAYS | |
| Apples | 40 | Oranges | 40 | Banana | 40 | Apples | 40 | | |
| Choice of Milk | 40 | Choice of Milk | 40 | Choice of Milk | 40 | Choice of Milk | 40 | | |

WEEK 4: Nov 27th - Dec 1st

| MONDAY | Quantity Ordered | TUESDAY | Quantity Ordered | WEDNESDAY | Quantity Ordered | THURSDAY | Quantity Ordered | FRIDAY | Quantity Ordered |
|---------------------|------------------|-----------------------|------------------|---------------------|------------------|-----------------------|------------------|-------------------|------------------|
| 2oz WG / 1.5oz M/MA | | 1.5oz WG / 1.5oz M/MA | | 1oz WG / 1.5oz M/MA | | 1.5oz WG / 1.5oz M/MA | | 2oz WG / 2oz M/MA | |
| | | | | | | | | | |
| | Quantity 2 Send | | Quantity 2 Send | | Quantity 2 Send | | Quantity 2 Send | | Quantity 2 Send |
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