

Heartland Menu

WEEK 1: January 30-February 3

30-50 kids total

MONDAY	Quantity Ordered	TUESDAY	Quantity Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Quantity Ordered	FRIDAY	Quantity Ordered
Sweet & Sour Chicken w/Rice	Send	Spaghetti & Meatballs	2 Send	Hot Dog	2 Send	Thai Chicken Nachos	2 Send	Cheese Pizza	2 Send
Tater Tots (Starchy)	8#	Cherry Tomatoes (Red/Orange)	10 pints	Mixed Greens (Dark Green)	6#	Carrots (Red/Orange)	6#	Broccoli Raisin Salad (Starchy)	2x recipe
Refried Beans (Legumes)	2x recipe	Green Beans (Other)	2 #10 cans	Sweet Potato Fries (Red/Orange)	7# frz	Rosemary Red Potatoes (Starchy)	9#	Green Beans (Other)	2 #10 cans
Pears	2 #10 cans	Grapes	9#	Cinnamon Applesauce	2 #10 cans	Blueberries	8#	Fruit Mix	2 #10 cans
Apple	40	Banana	40	Orange	40	Banana	40	Apple	40
Choice of Milk	40	Choice of Milk	40	Choice of Milk	40	Choice of Milk	40	Choice of Milk	40

WEEK 2: February 6-10

MONDAY	Quantity Ordered	TUESDAY	Quantity Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Quantity Ordered	FRIDAY	Quantity Ordered
Mini Corndogs	Send	Popcorn Chicken w/Pretzel	2 Send	Macaroni & Cheese	2 Send	Breaded Chicken Sandwich	2 Send	Lasagna Roll-Up w/Breadstick	2 Send
Broccoli (Dark Green)	2x recipe	Cole Slaw (Other)	2x recipe	Baked Beans (Legumes)	2x recipe	Cherry Tomatoes (Red/Orange)	9 pints	Carrots (Red/Orange)	6#
Refried Beans (Legumes)	2x recipe	Broccoli w/Cheese (Dark Green)	2x recipe	Sweet Potato Fries (Red/Orange)	8# frz	Scalloped Potatoes (Starchy)	1x recipe	Cauliflower (Other)	5#
Blueberries	8#	Pears	2 #10 cans	Applesauce	2 #10 cans	Peaches	2 #10 cans	Grapes	9#
Orange	40	Apple	40	Orange	40	Banana	40	Apple	40
Choice of Milk	40	Choice of Milk	40	Choice of Milk	40	Choice of Milk	40	Choice of Milk	40

WEEK 3: February 13-17

MONDAY	Quantity Ordered	TUESDAY	Quantity Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Quantity Ordered	FRIDAY	Quantity Ordered
Ham & Cheese Sub	Send	Mozzarella Sticks w/Marinara	2 Send	Cheeseburger	2 Send	Heartland Cooks	2 Send	No School! work Day	Staff
Mixed Greens (Dark Green)	6#	Oven Fries (Starchy)	5#	Cucumbers (Other)	7 ea.	Chili / Turkey Noodle	2x recipe		
Yams (Red/Orange)	1x recipe	Chery Tomatoes (Red/Orange)	10 pints	Au Gratin Potatoes (Starchy)	3 #10 cans	Beef Barley	6#		
Strawberries	8#	Grapes	9#	Cinnamon Applesauce	2 #10 cans	Cheesy Potato	2 #10 cans		
Apple	40	Banana	40	Orange	40	Com Bread Muffins / Bread sticks	40		
Choice of Milk	40	Choice of Milk	40	Choice of Milk	40	Fruit Juice	40		

WEEK 4: February 20-24

MONDAY	Quantity Ordered	TUESDAY	Quantity Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Quantity Ordered	FRIDAY	Quantity Ordered
No School!		Tacos	2 Send	BBQ Pork Sandwich	2 Send	Thai Chicken Nachos	2 Send	Lasagna Roll-Up w/Breadstick	2 Send
		Scalloped Potatoes (Starchy)	1x recipe	Potato Salad (Starchy)	40x recipe	Creamy Tomato & Cuke Salad (Other)	3x recipe	Carrots (Red/Orange)	6#
		Tomato Wedges (Red/Orange)	10#	Carrots (Red/Orange)	6#	Cajun Kidney Beans (Legumes)	2x recipe	Edamame (Legumes)	12#
		Pears	2 #10 cans	Applesauce	2 #10 cans	Peaches	2 #10 cans	Fruited Jell-O	.5 recipe
		Oranges	40	Banana	40	Apple	40	Apricots	2 #10 cans
		Choice Of Milk	40	Choice of Milk	40	Choice of Milk	40	Choice of Milk	40