Heartland Menu

EK 1: January 30-Februar								30-50 kids total	1
MONDAY	Quantity Ordered	TUESDAY	Ordered Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Ordered	FRIDAY	Orde
veet & Sour Chicken w/Rice		Spaghetti & Meatballs		Hot Dog		Thai Chicken Nachos		Cheese Pizza	
	Send		2 Send		2 Send		2 Send		25
Tater Tots (Starchy)	8#	Cherry Tornatoes (Red/Orange)	10 pints	Mixed Greens (Dark Green)	6#	Carrots (Red/Orange)	6#	Broccoli Raisin Salad (Starchy)	2x n
Refried Beans (Legumes)	2x recipe	Green Beans (Other)	2 #10 cans	Sweet Potato Fries (Red/Orange)	7# frz	Rosemary Red Potatoes (Starchy)	9#	Green Beans (Other)	2#10
Pears	2 #10 cans	Grapes	9#	Cinnamon Applesauce	2 #10 cans	Blueberries	8#	Fruit Mix	2#1
Apple	40	Banana	40	Orange	40	Banana	40	Apple	2 41
Choice of Milk	40	Choice of Milk	40	Choice of Milk	40	Choice of Milk	40	Choice of Milk	
K 2: February 6-10									
	Quantity		Quantity		Quantity		Quantity		T Qu
MONDAY	Ordered	TUESDAY	Ordered	WEDNESDAY	Ordered	THURSDAY	Ordered	FRIDAY	Ore
Mini Corndogs		Popcorn Chicken w/Pretzel		Macaroni & Cheese		Breaded Chicken Sandwich		Lasagna Roll-Up w/Breadstick	
	Send		2 Send	the state of the s	2 Send		2 Send		2
Broccoli (Dark Green)	2x recipe	Cole Slaw (Other)	2x recipe	Baked Beans (Legumes)	2x recipe	Cherry Tomatoes (Red/Orange)	9 pints	Carrots (Red/Orange)	1
Refried Beans (Legumes)	2x recipe	Broccoli w/Cheese (Dark Green)	2x recipe	Sweet Potato Fries (Red/Orange)	8# frz	Scalloped Potatoes (Starchy)	1x recipe	Cauliflower (Other)	
Blueberries	8#	Pears	2 #10 cans	Applesauce	2 #10 cans	Peaches	2 #10 cans	Grapes	+
Orange	40	Apple	40	Orange	40	Banana	40	Apple	+
Choice of Milk	40	Choice of Milk	40	Choice of Milk	40	Choice of Milk	40	Choice of Milk	7
	40	Choice of Milk	40	Choice of Milk	40	Choice of Milk	40	Choice of Milk	
K 3: February 13-17	communy		Quantity		Quantity		Guantity		100
K 3: February 13-17 MONDAY		TUESDAY		WEDNESDAY		THURSDAY		Choice of Milk	100
K 3: February 13-17	Quantity Ordered		Ordered		Ordered Ordered		Guantity		100
K 3: February 13-17 MONDAY Ham & Cheese Sub	Quantity Ordered Send	TUESDAY Mozzarella Sticks w/Marinara	Quantity	WEDNESDAY Cheeseburger	Quantity	THURSDAY	Ordered 2 Send	FRIDAY	On
K 3: February 13-17 MONDAY	Quantity Ordered	TUESDAY Mozzarella Sticks w/Marinara Oven Fries (Starchy)	Ordered	WEDNESDAY	Ordered Ordered	THURSDAY	Ordered 2 Send		On
K 3: February 13-17 MONDAY Ham & Cheese Sub	Quantity Ordered Send	TUESDAY Mozzarella Sticks w/Marinara	Ordered 2 Send	WEDNESDAY Cheeseburger	Quantity Ordered 2 Send	THURSDAY Heartland Cooks	Ordered 2 Send	No School!	On
K 3: February 13-17 MONDAY Ham & Cheese Sub Mixed Greens (Dark Green)	Control Ordered Send 6#	TUESDAY Mozzarella Sticks w/Marinara Oven Fries (Starchy)	Ordered 2 Send 5#	WEDNESDAY Cheeseburger Cucumbers (Other)	Ordered 2 Send 7 ea.	THURSDAY Heartland Cooks Chili / Turkey Noodle	Ordered 2 Send 2x recipe	FRIDAY	On
K 3: February 13-17 MONDAY Ham & Cheese Sub Mixed Greens (Dark Green) Yarns (Red/Orange) Strawberries Apple	Send 6# 1x recipe 8# 40	TUESDAY Mozzarella Sticks w/Marinara Oven Fries (Starchy) Cheny Tomatoes (Red/Orange) Grapes Banana	Ordered 2 Send 5# 10 pints	WEDNESDAY Cheeseburger Cucumbers (Other) Au Gratin Potatoes (Starchy)	Ordered 2 Send 7 ea. 3 #10 cans	THURSDAY Heartland Cooks Chili / Turkey Noodle Beef Barley	2 Send 2x recipe 6#	No School!	On
K 3: February 13-17 MONDAY Ham & Cheese Sub Mixed Greens (Dark Green) Yams (Red/Orange) Strawberries Apple Choice of Milk	Send 6# 1x recipe 8#	TUESDAY Mozzarella Sticks w/Marinara Oven Fries (Starchy) Cheny Tornatoes (Red/Orange) Grapes	2 Send 5# 10 pints 9#	Cheeseburger Cucumbers (Other) Au Gratin Potatoes (Starchy) Cinnamon Applesauce	Ordered 2 Send 7 ea. 3 #10 cans 2 #10 cans	THURSDAY Heartland Cooks Chili / Turkey Noodle Beef Barley Cheesy Potato	2 Send 2x recipe 6# 2 #10 cans	No School!	On
K 3: February 13-17 MONDAY Ham & Cheese Sub Mixed Greens (Dark Green) Yams (Red/Orange) Strawberries Apple Choice of Milk	Send 6# 1x recipe 8# 40 40	TUESDAY Mozzarella Sticks w/Marinara Oven Fries (Starchy) Cheny Tomatoes (Red/Orange) Grapes Banana	2 Send 5# 10 pints 9# 40	Cheeseburger Cucumbers (Other) Au Gratin Potatoes (Starchy) Cinnamon Applesauce Orange	2 Send 7 ea. 3 #10 cans 2 #10 cans 40	THURSDAY Heartland Cooks Chili / Turkey Noodle Beef Barley Cheesy Potato Com Bread Muffins / Bread sticks	2 Send 2x recipe 6# 2 #10 cans 40	No School!	On
MONDAY Ham & Cheese Sub Mixed Greens (Dark Green) Yams (Red/Orange) Strawberries Apple Choice of Milk K 4: February 20-24	Send 6# 1x recipe 8# 40 40	TUESDAY Mozzarella Sticks w/Marinara Oven Fries (Starchy) Cheny Tornatoes (Red/Orange) Grapes Banana Choice of Milk	2 Send 5# 10 pints 9# 40 40	WEDNESDAY Cheeseburger Cucumbers (Other) Au Gratin Potatoes (Starchy) Cinnamon Applesauce Orange Choice of Milk	2 Send 7 ea. 3 #10 cans 2 #10 cans 40 40	THURSDAY Heartland Cooks Chili / Turkey Noodle Beef Barley Cheesy Potato Com Bread Muffins / Bread sticks	2 Send 2x recipe 6# 2#10 cans 40 40	No School!	St
K 3: February 13-17 MONDAY Ham & Cheese Sub Mixed Greens (Dark Green) Yams (Red/Orange) Strawberries Apple Choice of Milk	Send 6# 1x recipe 8# 40 40	TUESDAY Mozzarella Sticks w/Marinara Oven Fries (Starchy) Cheny Tomatoes (Red/Orange) Grapes Banana	2 Send 5# 10 pints 9# 40	Cheeseburger Cucumbers (Other) Au Gratin Potatoes (Starchy) Cinnamon Applesauce Orange	2 Send 7 ea. 3 #10 cans 2 #10 cans 40	THURSDAY Heartland Cooks Chili / Turkey Noodle Beef Barley Cheesy Potato Com Bread Muffins / Bread sticks	2 Send 2x recipe 6# 2 #10 cans 40	No School!	St
K 3: February 13-17 MONDAY Ham & Cheese Sub Mixed Greens (Dark Green) Yams (Red/Orange) Strawberries Apple Choice of Milk K 4: February 20-24	Send 6# 1x recipe 8# 40 40	TUESDAY Mozzarella Sticks w/Marinara Oven Fries (Starchy) Cheny Tornatoes (Red/Orange) Grapes Banana Choice of Milk	2 Send 5# 10 pints 9# 40 40	WEDNESDAY Cheeseburger Cucumbers (Other) Au Gratin Potatoes (Starchy) Cinnamon Applesauce Orange Choice of Milk	2 Send 7 ea. 3 #10 cans 2 #10 cans 40 40	THURSOAY Heartland Cooks Chili / Turkey Noodle Beef Barley Cheesy Potato Com Bread Muffins / Bread sticks Fruit Juice	2 Send 2x recipe 6# 2#10 cans 40 40	No School! work Day	St
K 3: February 13-17 MONDAY Ham & Cheese Sub Mixed Greens (Dark Green) Yams (Red/Orange) Strawberries Apple Choice of Milk K 4: February 20-24	Send 6# 1x recipe 8# 40 40	TUESDAY Mozzarella Sticks w/Marinara Oven Fries (Starchy) Cheny Tornatoes (Red/Orange) Grapes Banana Choice of Milk	2 Send 5# 10 pints 9# 40 40	WEDNESDAY Cheeseburger Cucumbers (Other) Au Gratin Potatoes (Starchy) Cinnamon Applesauce Orange Choice of Milk	2 Send 7 ea. 3 #10 cans 2 #10 cans 40 40	THURSDAY Heartland Cooks Chili / Turkey Noodle Beef Barley Cheesy Potato Com Bread Muffins / Bread sticks Fruit Juice	2 Send 2x recipe 6# 2#10 cans 40 40	No School! work Day	St
K 3: February 13-17 MONDAY Ham & Cheese Sub Mixed Greens (Dark Green) Yams (Red/Orange) Strawberries Apple Choice of Milk K 4: February 20-24	Send 6# 1x recipe 8# 40 40	TUESDAY Mozzarella Sticks w/Marinara Oven Fries (Starchy) Cheny Tornatoes (Red/Orange) Grapes Banana Choice of Milk	2 Send 5# 10 pints 9# 40 40	WEDNESDAY Cheeseburger Cucumbers (Other) Au Gratin Potatoes (Starchy) Cinnamon Applesauce Orange Choice of Milk	7 ea. 3 #10 cans 2 #10 cans 40 40 Quantity Ordered	THURSDAY Heartland Cooks Chili / Turkey Noodle Beef Barley Cheesy Potato Com Bread Muffins / Bread sticks Fruit Juice	2 Send 2x recipe 6# 2 #10 cans 40 40 Quantity Ordered	No School! work Day FRIDAY Lasagna Roll-Up w/Breadstick	St
MONDAY Ham & Cheese Sub Mixed Greens (Dark Green) Yams (Red/Orange) Strawberries Apple Choice of Milk K 4: February 20-24	Send 6# 1x recipe 8# 40 40	TUESDAY Mozzarella Sticks w/Marinara Oven Fries (Starchy) Cheny Tornatoes (Red/Orange) Grapes Banana Choice of Milk TUESDAY Tacos	2 Send 5# 10 pints 9# 40 40 Guanuty Ordered 2 Send	WEDNESDAY Cheeseburger Cucumbers (Other) Au Gratin Potatoes (Starchy) Cinnamon Applesauce Orange Choice of Milk WEDNESDAY BBQ Pork Sandwich	Quantity Ordered 2 Send 7 ea. 3 #10 cans 2 #10 cans 40 40 Quantity Ordered	THURSDAY Heartland Cooks Chili / Turkey Noodle Beef Barley Cheesy Potato Com Bread Muffins / Bread sticks Fruit Juice THURSDAY Thai Chicken Nachos Creamy Tomato & Cuke Salad (Other)	2 Send 2x recipe 6# 2 #10 cans 40 40 Quantity Ordered 2 Send 3x recipe	No School! work Day FRIDAY Lasagna Roll-Up w/Breadstick Carrots (Red/Orange)	St One
MONDAY Ham & Cheese Sub Mixed Greens (Dark Green) Yams (Red/Orange) Strawberries Apple Choice of Milk K 4: February 20-24	Send 6# 1x recipe 8# 40 40	TUESDAY Mozzarella Sticks w/Marinara Oven Fries (Starchy) Cheny Tomatoes (Red/Orange) Grapes Banana Choice of Milk TUESDAY Tacos Scalloped Potatoes (Starchy)	2 Send 5# 10 pints 9# 40 40 Guantity Ordered 2 Send 1x recipe	Cheeseburger Cucumbers (Other) Au Gratin Potatoes (Starchy) Cinnamon Applesauce Orange Choice of Milk WEDNESDAY BBQ Pork Sandwich Potato Salad (Starchy) Carrots (Red/Orange)	2 Send 7 ea. 3 #10 cans 40 40 Quantity Ordered 2 Send 40 40x recipe 6#	THURSDAY Heartland Cooks Chili / Turkey Noodle Beef Barley Cheesy Potato Com Bread Muffins / Bread sticks Fruit Juice THURSDAY Thai Chicken Nachos Creamy Tomato & Cuke Salad (Other) Cajun Kidney Beans (Legumes)	2 Send 2x recipe 6# 2 #10 cans 40 40 Quantity Ordered 2 Send 3x recipe 2x recipe	No School! work Day FRIDAY Lasagna Roll-Up w/Breadstick Carrots (Red/Orange) Edamame (Legumes)	St.
MONDAY Ham & Cheese Sub Mixed Greens (Dark Green) Yams (Red/Orange) Strawberries Apple Choice of Milk EK 4: February 20-24	Send 6# 1x recipe 8# 40 40	TUESDAY Mozzarella Sticks w/Marinara Oven Fries (Starchy) Cheny Tomatoes (Red/Orange) Grapes Banana Choice of Milk TUESDAY Tacos Scalloped Potatoes (Starchy) Tomato Wedges (Red/Orange)	2 Send 5# 10 pints 9# 40 40 Cuantity Ordered 2 Send 1x recipe 10#	WEDNESDAY Cheeseburger Cucumbers (Other) Au Gratin Potatoes (Starchy) Cinnamon Applesauce Orange Choice of Milk WEDNESDAY BBQ Pork Sandwich Potato Salad (Starchy)	2 Send 7 ea. 3 #10 cans 40 40 Quantity Ordered 2 Send 40 40 Quantity Ordered 40x recipe	THURSDAY Heartland Cooks Chili / Turkey Noodle Beef Barley Cheesy Potato Com Bread Muffins / Bread sticks Fruit Juice THURSDAY Thai Chicken Nachos Creamy Tomato & Cuke Salad (Other)	2 Send 2x recipe 6# 2 #10 cans 40 40 Quantity Ordered 2 Send 3x recipe	No School! work Day FRIDAY Lasagna Roll-Up w/Breadstick Carrots (Red/Orange)	Que Ord