

Heartland School K-12 Menu

WEEK 1: April 2nd - 6th

MONDAY	Quantity Ordered	TUESDAY	Quantity Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Quantity Ordered	FRIDAY	Quantity Ordered
				General Tso Chicken w/ Vegetable Lo Mein		Hot Dog		Chicken Drumsticks w/ Biscuit	
					Quantity 2 Send		Quantity 2 Send		Quantity 2 Send
				Mexican Fries (Starchy)		Baked Beans (Legume)		Green Beans (Other)	
				Cauliflower (Other)		Carrots (Red/Orange)		Carrots (Red/Orange)	
				Strawberries		Oranges	90	Fruit Mix	
				Banana	90	Cinnamon Applesauce		Apples	90
				Choice of Milk	90	Choice of Milk	90	Choice of Milk	90

WEEK 2: April 9th - 13th

MONDAY	Quantity Ordered	TUESDAY	Quantity Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Quantity Ordered	FRIDAY	Quantity Ordered
2oz WG / 1.5oz M/MA		1.5oz WG / 1.5oz M/MA		1oz WG / 1.5oz M/MA		1.5oz WG / 1.5oz M/MA		2oz WG / 2oz M/MA	
Beef Tacos	Quantity 2 Send	Mini Corn Dogs	Quantity 2 Send	Cheesy Bread w/ Marinara	Quantity 2 Send	Crispito w/ Cheese Sauce & Chips	Quantity 2 Send	Chicken Tender Basket	Quantity 2 Send
Carrots (Red/Orange)		Seasoned Fries (Starchy)		Edamame (Legumes)		Potato Roasters (Starchy)		Roasted Squash Medley (Starchy)	
Hot: Broccoli (Dark Green)		Cauliflower (Other)		Cucumbers (Other)		Carrots (Red/Orange)		Carrots (Red/Orange)	
Blueberries		Strawberries		Peaches		Pineapple		Pears	
Banana		Oranges	90	Banana	90	Apples	90	Oranges	90
Choice of Milk		Choice of Milk	90	Choice of Milk	90	Choice of Milk	90	Choice of Milk	90

WEEK 3: April 16th - 20th

MONDAY	Quantity Ordered	TUESDAY	Quantity Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Quantity Ordered	FRIDAY	Quantity Ordered
2oz WG / 1.5oz M/MA		1.5oz WG / 1.5oz M/MA		1oz WG / 1.5oz M/MA		1.5oz WG / 1.5oz M/MA		2oz WG / 2oz M/MA	
Chicken Alfredo Bake w/ Garlic Toast	Quantity 2 Send	Chicken Patty Sandwich	Quantity 2 Send	Walking Taco	Quantity 2 Send	Pepperoni Pizza	Quantity 2 Send	Panackes w/ Eggs & Hashbrowns	Quantity 2 Send
Italian Mashed Potatoes (Starchy)		Corn (Starchy)		Refried Beans w/ Cheese (Legumes)		Broccoli w/ Cheese (Dark Green)		Green Beans (Other)	
Carrots (Red/Orange)		Celery (Other)		Carrots (Red/Orange)		Cauliflower (Other)		Carrots (Red/Orange)	
Strawberries		Blueberries		Mandarin Oranges		Pineapple		Cinnamon Applesauce	
Apples	90	Oranges	90	Banana	90	Apples	90	Oranges	90
Choice of Milk	90	Choice of Milk	90	Choice of Milk	90	Choice of Milk	90	Choice of Milk	90

WEEK 4: April 23rd - April 27th

MONDAY	Quantity Ordered	TUESDAY	Quantity Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Quantity Ordered	FRIDAY	Quantity Ordered
2oz WG / 1.5oz M/MA		1.5oz WG / 1.5oz M/MA		1oz WG / 1.5oz M/MA		1.5oz WG / 1.5oz M/MA		2oz WG / 2oz M/MA	
Country Steak w/ Gravy & Roll	Quantity 2 Send	Wing Bar	Quantity 2 Send	Cheeseburger	Quantity 2 Send	Bacon, Egg and Cheese Bagel & String Cheese	Quantity 2 Send	Chicken Enchilada w/ Spanish Rice	Quantity 2 Send
Mashed Potatoes (Starchy)		Oven French Fries (Starchy)		Baked Beans (Legume)		Hot: Cauliflower (Other)		Hot: Potato Roasters (Starchy)	
Broccoli Florets (Dark Green)		Carrots (Red/Orange)		Celery (Other)		Carrots (Red/Orange)		Carrots (Red/Orange)	
Grapes		Applesauce		Strawberries		Peaches		Lemon	
Apples	90	Oranges	90	Banana	90	Oranges	90	Apple	90
Choice of Milk	90	Choice of Milk	90	Choice of Milk	90	Choice of Milk	90	Choice of Milk	90