Heartland School K-12 Menu

| WEEK | 1: | April | 2nd | 6th |
|------|----|-------|-----|-----------------------|
|------|----|-------|-----|-----------------------|

90

90

Oven French Fries (Starchy)

Carrots (Red/Orange)

Applesauce

Oranges

Choice of Milk

Mashed Potatoes (Starchy)

Broccoli Florets (Dark Green)

Grapes

Apples

Choice of Milk

| | Quantity | | Quantity | | Quantity | | Quantity | | Quantity |
|-----------------------------------|--|--------------------------------|---------------------|-----------------------------------|---------------------|---------------------------------|---------------------|---------------------------------|-------------------|
| MONDAY | Ordered | TUESDAY | Ordered | WEDNESDAY | Ordered | THURSDAY | Ordered | FRIDAY | Ordere |
| | | | | General Tso Chicken w/ | | | | | |
| | | | | Vegetable Lo Mein | | Hot Dog | | Chicken Drumsticks w/ Biscuit | |
| | | | | | Quantity | | Quantity | | Quantit |
| | | | | | 2 Send | | 2 Send | | 2 Send |
| | | | | Mexican Fries (Starch) | | Baked Beans (Legume) | | Green Beans (Other) | |
| | | | | Cauliflower (Other) | | Carrots (Red/Orange) | | Carrots (Red/Orange) | |
| | | | | Strawberries | | Oranges | 90 | Fruit Mix | |
| | | | | Banana | 90 | Cinnamon Applesauce | | Apples | 90 |
| | | | | Choice of Milk | 90 | Choice of Milk | 90 | Choice of Milk | 90 |
| EEK 2: April 9th - 13th | | | | | | | | | |
| MONDAY | 0 | TUESDAY | 0 | WEDNESDAY | 0 | THURSDAY | 0 | FRIDAY | |
| 2oz WG / 1.5oz M/MA | Quantity Ordered | 1.5oz WG / 1.5oz M/MA | Quantity Ordered | 1oz WG / 1.5oz M/MA | Quantity Ordered | 1.5oz WG / 1.5oz M/MA | Quantity Ordered | 2oz WG / 2oz M/MA | Quantit Ordere |
| 202 1107 1.002 11/1/11/4 | Ordered | 1.302 1707 1.302 11/11/14 | Ordered | 102 17 07 1.302 11/11/14 | Ordered | Crispito w/ Cheese Sauce & | Ordered | 202 110 / 202 11/11/14 | Ordere |
| Beef Tacos | | Mini Corn Dogs | | Cheesy Bread w/ Marinara | | Chips | | Chicken Tender Basket | |
| 200. 10000 | | | | onoccy Broad W Marmara | | | | | |
| | Quantity 2 | | Quantity | | Quantity | | Quantity | | Quantit |
| | Send | | 2 Send | | 2 Send | | 2 Send | | 2 Send |
| Carrots (Red/Orange) | | Seasoned Fries (Starchy) | | Edamame (Legumes) | | Potato Roasters (Starchy) | | Roasted Squash Medley (Starchy) | |
| Hot: Broccoli (Dark Green) | | Cauliflower (Other) | | Cucumbers (Other) | | Carrots (Red/Orange) | | Carrots (Red/Orange) | |
| Blueberries | | Strawberries | | Peaches | | Pineapple | | Pears | |
| Banana | | Oranges | 90 | Banana | 90 | Apples | 90 | Oranges | 90 |
| Choice of Milk | | Choice of Milk | 90 | Choice of Milk | 90 | Choice of Milk | 90 | Choice of Milk | 90 |
| EEK 3: April 16th - 20th | | | | | | | | | |
| MONDAY | Quantity | TUESDAY | Quantity | WEDNESDAY | Quantity | THURSDAY | Quantity | FRIDAY | Quantit |
| 2oz WG / 1.5oz M/MA | Ordered | 1.5oz WG / 1.5oz M/MA | Ordered | 1oz WG / 1.5oz M/MA | Ordered | 1.5oz WG / 1.5oz M/MA | Ordered | 2oz WG / 2oz M/MA | Ordered |
| Chicken Alfredo Bake w/ Garlic | | | 1 | | | | T | Panackes w/ Eggs & | |
| Toast | | Chicken Patty Sandwich | | Walking Taco | | Pepperoni Pizza | | Hashbrowns | |
| | | | | | | | | | |
| | Quantity 2 | | Quantity | | Quantity | | Quantity | | Quantity |
| Italian Mashed Potatoes (Starchy) | Send | Corn (Starchy) | 2 Send | Refried Beans w/ Cheese (Legumes) | 2 Send | Broccoli w/ Cheese (Dark Green) | 2 Send | Green Beans (Other) | 2 Send |
| Carrots (Red/Orange) | | Corn (Starchy) Celery (Other) | | Carrots (Red/Orange) | | Cauliflower (Other) | | Carrots (Red/Orange) | 1 |
| \ | | , , , | | \ | | \ / | | ` | |
| Strawberries | 90 | Blueberries | 90 | Mandarin Oranges | 90 | Pineapple | 90 | Cinnamon Applesauce | 90 |
| Apples Choice of Milk | 90 | Oranges Choice of Milk | 90 | Banana Choice of Milk | 90 | Apples Choice of Milk | 90 | Oranges Choice of Milk | 90 |
| EEK 4: April 23rd - April 27th | 90 | Choice of Milk | 90 | Choice of Milk | 90 | Choice of Milk | 90 | Choice of Milk | 90 |
| | | TUESDAY | | WEDNEODAY | | THIDODAY | | EDIDAY | |
| MONDAY | Quantity | TUESDAY | Quantity | WEDNESDAY | Quantity | THURSDAY | Quantity | FRIDAY | Quantit |
| 2oz WG / 1.5oz M/MA | Ordered | 1.5oz WG / 1.5oz M/MA | Ordered | 1oz WG / 1.5oz M/MA | Ordered | 1.5oz WG / 1.5oz M/MA | Ordered | 2oz WG / 2oz M/MA | Ordered |
| | | | | | | Bacon, Egg and Cheese Bagel | | Chicken Enchilada w/ Spanish | |
| Country Steak w/ Gravy & Roll | | Wing Bar | | Cheeseburger | | & String Cheese | | Rice | |
| | Ouantity 0 | | Ouendite | | Ouendity | | Ouantitu | | 0 |
| | Quantity 2 Send | | Quantity 2 Send | | Quantity 2 Send | | Quantity 2 Send | | Quantit 2 Send |
| | Jenu | | 2 Ochu | | 2 Ochu | | 2 Genu | | z denu |

Baked Beans (Legume)

Celery (Other)

Strawberries

Banana

Choice of Milk

90

90

90

90

90

Hot: Potato Roasters (Starchy)

Carrots (Red/Orange)

Lemon

Apple

Choice of Milk

90

90

Hot: Cauliflower (Other)

Carrots (Red/Orange)

Peaches

Oranges

Choice of Milk