

Heartland School K-12 Menu

WEEK 1: March 4 - 8

MONDAY	Quantity Ordered	TUESDAY	Quantity Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Quantity Ordered	FRIDAY	Quantity Ordered
Country Steak w/ Mashed Potatoes, Gravy & Sub Roll		Chicken Nuggets w/ Roll		Wing Bar		Pepperoni Pizza		Turkey & Cheese Sandwich (lettuce, tomato, onion)	
	Quantity 2 Send		Quantity 2 Send		Quantity 2 Send		Quantity 2 Send		Quantity 2 Send
Corn (Starch)		Baked Beans (Legume)		Buffalo Cauliflower (Other)		Corn (Starchy)		Peas (Starchy)	
Broccoli (DG)		Carrots (Red/Orange)		Carrots (Red Orange)		Cucumbers (Other)		Carrots (Red/Orange)	
Blueberries		Oranges	90	Peaches		Oranges	90	Pears	
Apples	90	Applesauce		Banana	90	Pineapple		Apples	90
Choice of Milk	90	Choice of Milk	90	Choice of Milk	90	Choice of Milk	90	Choice of Milk	90

WEEK 2: March 11 - 15

MONDAY	Quantity Ordered	TUESDAY	Quantity Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Quantity Ordered	FRIDAY	Quantity Ordered
Cheesy French Bread w/ Marinara		Crispito w/ Chips & Cheese Sauce		French Toast Stics, Sausage & Cheesy Eggs		Cheese Pizza		Mini Corn Dogs & Fries	
	Quantity 2 Send		Quantity 2 Send		Quantity 2 Send		Quantity 2 Send		Quantity 2 Send
Broccoli (DG)		Black Beans (Legume)		Mashed Potatoes (Starchy)		California Blend (Other)		Corn (Starchy)	
Mashed Potatoes (Starchy)		Carrots (Red/Orange)		Green Beans (Other)		Carrots (Red/Orange)		Carrots (Red/Orange)	
Strawberries		Blueberries		Mandarin Oranges		Pineapple		Pears	
Banana		Oranges	90	Banana	90	Apples	90	Oranges	90
Choice of Milk		Choice of Milk	90	Choice of Milk	90	Choice of Milk	90	Choice of Milk	90

WEEK 3: March 18 - 22

MONDAY	Quantity Ordered	TUESDAY	Quantity Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Quantity Ordered	FRIDAY	Quantity Ordered
No School - Spring Break									
Pizza Sticks w/ Marinara		Walking Taco		Dutch Waffle w/ Cheesy Eggs		Cheese Pizza		Beef & Cheese Nachos w/ Salsa	
	Send		2 Send		2 Send		2 Send		2 Send
Green Beans (Other)		Tater Tot Hash (Starchy)		Stir Fry Blend (Other)		Corn (Starchy)		Black Beans (Legume)	
Carrots (Red/Orange)		Broccoli (Dark Green)		Carrots (R/O)		Cucumbers (Other)		Carrots (Red/Orange)	
Strawberries		Blueberries		Mandarin Oranges		Cantaloupe		Cinnamon Applesauce	
Apples	90	Oranges	90	Banana	90	Apples	90	Oranges	90
Choice of Milk	90	Choice of Milk	90	Choice of Milk	90	Choice of Milk	90	Choice of Milk	90