

Heartland School K-12 Menu

WEEK 1: November 5 - 9

90 kids total

MONDAY	Quantity Ordered	TUESDAY	Quantity Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Quantity Ordered	FRIDAY	Quantity Ordered
Baked Penne Pasta w/ Breadstick		Breaded Chicken Sandwich		Sweet & Sour Chicken w/ Rice		Pepperoni Pizza		Cheeseburger w/ Fries	
	Quantity 2 Send		Quantity 2 Send		Quantity 2 Send		Quantity 2 Send		Quantity 2 Send
Mashed Potatoes (Starchy)		Baked Beans (Legume)		Buffalo Cauliflower (Other)		Corn (Starchy)		Peas (Starchy)	
Broccoli (DG)		Carrots (Red/Orange)		Carrots (Red Orange)		Cucumbers (Other)		Carrots (Red/Orange)	
Blueberries		Oranges	90	Peaches		Oranges	90	Pears	
Apples	90	Strawberries		Banana	90	Pineapple		Apples	90
Choice of Milk	90	Choice of Milk	90	Choice of Milk	90	Choice of Milk	90	Choice of Milk	90

WEEK 2: November 12 - 16

MONDAY	Quantity Ordered	TUESDAY	Quantity Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Quantity Ordered	FRIDAY	Quantity Ordered
Cheddar Mac w/ Breadstick		Beef and Cheese Nachos + Salsa		Thanksgiving Dinner (Sliced turkey and Gravy, sub roll, mashed potatoes, green beans)		Cheese Pizza		Frito Chili Pie	
	Quantity 2 Send		Quantity 2 Send		Quantity 2 Send		Quantity 2 Send		Quantity 2 Send
Broccoli (DG)		Black Beans (Legume)		Mashed Potatoes (Starchy)		California Blend (Other)		Corn (Starchy)	
Mashed Potatoes (Starchy)		Carrots (Red/Orange)		Green Beans (Other)		Carrots (Red/Orange)		Carrots (Red/Orange)	
Strawberries		Blueberries		Peaches		Pineapple		Pears	
Banana		Oranges	90	Banana	90	Apples	90	Oranges	90
Choice of Milk		Choice of Milk	90	Choice of Milk	90	Choice of Milk	90	Choice of Milk	90

WEEK 3: November 19 - 23

MONDAY	Quantity Ordered	TUESDAY	Quantity Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Quantity Ordered	FRIDAY	Quantity Ordered
Crispy Chicken Sandwich		Heartland Feast							
	Send		2 Send		2 Send		2 Send		2 Send
Mashed Potatoes (Starchy)									
Broccoli (Dark Green)									
Blueberries									
Apples	90								
Choice of Milk	90								

WEEK 4: November 26 - 30

MONDAY	Quantity Ordered	TUESDAY	Quantity Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Quantity Ordered	FRIDAY	Quantity Ordered
Alfredo Mac w/ Breadstick		Chicken Tenders w/ Dutch Waffle		Hamburger w/ Fries		Cheese Pizza		Beef Tacos (Salsa)	
	Quantity 2 Send		Quantity 2 Send		Quantity 2 Send		Quantity 2 Send		Quantity 2 Send
Green Beans (Other)		Tater Tot Hash (Starchy)		Stir Fry Blend (Other)		Corn (Starchy)		Black Beans (Legume)	
Carrots (Red/Orange)		Broccoli (Dark Green)		Carrots (R/O)		Cucumbers (Other)		Carrots (Red/Orange)	
Strawberries		Blueberries		Mandarin Oranges		Cantaloupe		Cinnamon Applesauce	
Apples	90	Oranges	90	Banana	90	Apples	90	Oranges	90
Choice of Milk	90	Choice of Milk	90	Choice of Milk	90	Choice of Milk	90	Choice of Milk	90