## Heartland School K-12 Menu

WEEK 1: November 5 - 9		90 kids total

WEEK 1: November 5 - 9								90 kids tota	1
MONDAY	Quantity Ordered	TUESDAY	Quantity Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Quantity Ordered	FRIDAY	Quantity Ordered
aked Penne Pasta w/ Breadstick		Breaded Chicken Sandwich		Sweet & Sour Chicken w/ Rice		Pepperoni Pizza		Cheeseburger w/ Fries	
	Quantity 2		Quantity		Quantity 2 Send		Quantity		Quantity
Mashed Potatoes (Starch)	Send	Baked Beans (Legume)	2 Send	Buffalo Cauliflower (Other)	2 Seria	Corn (Starchy)	2 Send	Peas (Starchy)	2 Send
Broccoli (DG)		Carrots (Red/Orange)		Carrots (Red Orange)		Cucumbers (Other)	+	Carrots (Red/Orange)	
Blueberries		Oranges	90	Peaches		Oranges	90	Pears	
Apples	90	Strawberries	30	Banana	90	Pineapple	30	Apples	90
Choice of Milk	90	Choice of Milk	90	Choice of Milk	90	Choice of Milk	90	Choice of Milk	90
/EEK 2: November 12 - 16	50	Choice of Wilk	50	Choice of Willix	50	Choice of Willia	50	Onolog of Willix	50
TEETTE: NOVOINDOL 12 10	Quantity		Quantity		Quantity		Quantity		Quantity
MONDAY	Ordered	TUESDAY	Ordered	WEDNESDAY	Ordered	THURSDAY	Ordered	FRIDAY	Ordered
				Thanksgiving Dinner (Sliced					
Cheddar Mac w/ Breadstick				turkey and Gravy, sub roll,					
Cheddal Mac W/ Breaustick		Beef and Cheese Nachos +		mashed potatoes, green					
		Salsa		beans)		Cheese Pizza		Frito Chili Pie	
	Overetity 2		Overnéitez		Oversity		Over 4ity		Overeite
	Quantity 2 Send		Quantity 2 Send		Quantity 2 Send		Quantity 2 Send		Quantity 2 Send
Broccoli (DG)	Jenu	Black Beans (Legume)	2 dena	Mashed Potatoes (Starchy)	2 dena	California Blend (Other)	2 dena	Corn (Starchy)	2 dena
Mashed Potatoes (Starchy)		Carrots (Red/Orange)		Green Beans (Other)		Carrots (Red/Orange)	+ +	Carrots (Red/Orange)	
Strawberries		Blueberries		Peaches		Pineapple	+ +	Pears	
Banana		Oranges	90	Banana	90	Apples	90	Oranges	90
Choice of Milk		Choice of Milk	90	Choice of Milk	90	Choice of Milk	90	Choice of Milk	90
VEEK 3: November 19 - 23		CHOICE OF WITH	30	CHOICE OF WIRK	90	CHOICE OF WIIK	30	CHOICE OF WIIK	30
	Quantity		Quantity		Quantity		Quantity		Quantity
MONDAY	Ordered	TUESDAY	Ordered	WEDNESDAY	Ordered	THURSDAY	Ordered	FRIDAY	Ordered
Crispy Chicken Sandwich		Heartland Feast							
,,									
	Send		2 Send		2 Send		2 Send		2 Send
Mashed Potatoes (Starchy)	Ocha		2 00/10		2 00/10		2 00/10		2 00/10
Broccoli (Dark Green)									
Blueberries							+		_
Apples									
	90								
Choice of Milk	90								+
Choice of Milk									
Choice of Milk			Quantity		Quantity		Quantity		Quantity
Choice of Milk	90	TUESDAY	Quantity Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Quantity Ordered	FRIDAY	Quantity Ordered
Choice of Milk VEEK 4: November 26 - 30  MONDAY	90 <b>Quantity</b>	Chicken Tenders w/ Dutch							
Choice of Milk VEEK 4: November 26 - 30	90 <b>Quantity</b>			<i>WEDNESDAY</i> Hamburger w/ Fries		THURSDAY Cheese Pizza		FRIDAY Beef Tacos (Salsa)	
Choice of Milk VEEK 4: November 26 - 30  MONDAY	90 <b>Quantity</b>	Chicken Tenders w/ Dutch							
Choice of Milk  VEEK 4: November 26 - 30  MONDAY	90 <b>Quantity</b>	Chicken Tenders w/ Dutch							
Choice of Milk VEEK 4: November 26 - 30  MONDAY	90  Quantity Ordered  Quantity 2	Chicken Tenders w/ Dutch	Ordered Quantity		Ordered Quantity		Ordered Quantity		Ordered
Choice of Milk VEEK 4: November 26 - 30  MONDAY  Alfredo Mac w/ Breadstick	90 Quantity Ordered	Chicken Tenders w/ Dutch Waffle	Ordered	Hamburger w/ Fries	Ordered	Cheese Pizza	Ordered	Beef Tacos (Salsa)	
Choice of Milk VEEK 4: November 26 - 30  MONDAY  Alfredo Mac w/ Breadstick  Green Beans (Other)	90  Quantity Ordered  Quantity 2	Chicken Tenders w/ Dutch Waffle  Tater Tot Hash (Starchy)	Ordered Quantity	Hamburger w/ Fries  Stir Fry Blend (Other)	Ordered Quantity	Cheese Pizza  Corn (Starchy)	Ordered Quantity	Beef Tacos (Salsa)  Black Beans (Legume)	Ordered
Choice of Milk VEEK 4: November 26 - 30  MONDAY  Alfredo Mac w/ Breadstick  Green Beans (Other) Carrots (Red/Orange)	90  Quantity Ordered  Quantity 2	Chicken Tenders w/ Dutch Waffle  Tater Tot Hash (Starchy) Broccoli (Dark Green)	Ordered Quantity	Hamburger w/ Fries  Stir Fry Blend (Other) Carrots (R/O)	Ordered Quantity	Cheese Pizza  Corn (Starchy) Cucumbers (Other)	Ordered Quantity	Black Beans (Legume) Carrots (Red/Orange)	Ordered
Choice of Milk VEEK 4: November 26 - 30  MONDAY  Alfredo Mac w/ Breadstick  Green Beans (Other)	90  Quantity Ordered  Quantity 2	Chicken Tenders w/ Dutch Waffle  Tater Tot Hash (Starchy)	Ordered Quantity	Hamburger w/ Fries  Stir Fry Blend (Other)	Ordered Quantity	Cheese Pizza  Corn (Starchy)	Ordered Quantity	Beef Tacos (Salsa)  Black Beans (Legume)	Ordered