

# Heartland 9-12 Menu

WEEK 1: February 27-March 3

30-50 kids total

MONDAY	Quantity Ordered	TUESDAY	Quantity Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Quantity Ordered	FRIDAY	Quantity Ordered
<b>French Toast Sticks w/Eggs</b>		<b>Glazed Drumstick w/Biscuit</b>		<b>Mozzarella Sticks w/Marinara</b>		<b>Pepperoni Pizza</b>		<b>Pork Quesadilla</b>	
	<i>Send</i>		<i>2 Send</i>		<i>2 Send</i>		<i>2 Send</i>		<i>2 Send</i>
Tater Tots (Starchy)	6#	Cherry Tomatoes (Red/Orange)	10 pints	Mixed Greens (Dark Green)	6#	Carrots (Red/Orange)	6#	Broccoli Raisin Salad (Starchy)	2x recipe
Refried Beans (Legumes)	2x recipe	Green Beans (Other)	2 #10 cans	Sweet Potato Fries (Red/Orange)	7# frz	Rosemary Red Potatoes (Starchy)	9#	Green Beans (Other)	2 #10 cans
Pears	2 #10 cans	Grapes	9#	Cinnamon Applesauce	2 #10 cans	Blueberries	8#	Kiwi	80
Apple	40	Banana	40	Orange	40	Banana	40	Apple	40
Choice of Milk	40	Choice of Milk	40	Choice of Milk	40	Choice of Milk	40	Choice of Milk	40

WEEK 2: March 6-10

MONDAY	Quantity Ordered	TUESDAY	Quantity Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Quantity Ordered	FRIDAY	Quantity Ordered
<b>Mini Corndogs</b>		<b>Beef Tacos</b>		<b>Macaroni &amp; Cheese</b>		<b>Chicken Nuggets w/Roll</b>		<b>Grilled Chicken Sandwich</b>	
	<i>Send</i>		<i>2 Send</i>		<i>2 Send</i>		<i>2 Send</i>		<i>2 Send</i>
Broccoli (Dark Green)	2x recipe	Cole Slaw (Other)	2x recipe	Baked Beans (Legumes)	2x recipe	Cherry Tomatoes (Red/Orange)	9 pints	Carrots (Red/Orange)	6#
Refried Beans (Legumes)	2x recipe	Broccoli w/Cheese (Dark Green)	2x recipe	Sweet Potato Fries (Red/Orange)	8# frz	Mashed Potatoes (Starchy)	1.5x recipe	Cauliflower (Other)	5#
Blueberries	8#	Pears	2 #10 cans	Applesauce	2 #10 cans	Peaches	2 #10 cans	Grapes	9#
Orange	40	Apple	40	Orange	40	Banana	40	Apple	40
Choice of Milk	40	Choice of Milk	40	Choice of Milk	40	Choice of Milk	40	Choice of Milk	40

WEEK 3: March 13-17

MONDAY	Quantity Ordered	TUESDAY	Quantity Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Quantity Ordered	FRIDAY	Quantity Ordered
<b>Beef Nachos</b>		<b>Mozzarella Sticks w/Marinara</b>		<b>Breaded Beef Fingers w/Roll</b>		<b>Cheese Pizza</b>		<b>Hamburger</b>	
	<i>Send</i>		<i>2 Send</i>		<i>2 Send</i>		<i>2 Send</i>		<i>2 Send</i>
Mixed Greens (Dark Green)	6#	Oven Fries (Starchy)	5#	Cucumbers (Other)	7 ea.	Baked Beans (Legumes)	2x recipe	Cucumbers (Other)	6#
Yams (Red/Orange)	1x recipe	Cherry Tomatoes (Red/Orange)	10 pints	Au Gratin Potatoes (Starchy)	3 #10 cans	Carrots (Red/Orange)	6#	Corn (Starchy)	8x recipe
Strawberries	8#	Grapes	9#	Cinnamon Applesauce	2 #10 cans	Peaches	2 #10 cans	Green Fruited Jell-O	.5x recipe
Apple	40	Banana	40	Orange	40	Apple	40	Orange	40
Choice of Milk	40	Choice of Milk	40	Choice of Milk	40	Choice of Milk	40	Choice of Milk	40

WEEK 4: March 27-31

MONDAY	Quantity Ordered	TUESDAY	Quantity Ordered	WEDNESDAY	Quantity Ordered	THURSDAY	Quantity Ordered	FRIDAY	Quantity Ordered
<b>Cheesy Bread w/Marinara</b>		<b>Waffle Sticks w/Sausage</b>		<b>Chicken Parm. w/Breadstick</b>		<b>Chicken Sticksw/Roll</b>		<b>Chicken Quesadilla</b>	
	<i>Send</i>		<i>2 Send</i>		<i>2 Send</i>		<i>2 Send</i>		<i>2 Send</i>
Broccoli (Dark Green)	3#	Scalloped Potatoes (Starchy)	1x recipe	Potato Salad (Starchy)	40x recipe	Creamy Tomato & Cuke Salad (Other)	3x recipe	Carrots (Red/Orange)	6#
Green Beans (Other)	2 #10 cans	Tomato Wedges (Red/Orange)	10#	Carrots (Red/Orange)	6#	Mashed Potatoes (Starchy)	1x recipe	Edamame (Legumes)	12#
Blueberries	8#	Pears	2 #10 cans	Applesauce	2 #10 cans	Peaches	2 #10 cans	Fruited Jell-O	.5 recipe
Apple	40	Oranges	40	Banana	40	Apple	40	Oranges	40
Choice of Milk	40	Choice Of Milk	40	Choice of Milk	40	Choice of Milk	40	Choice of Milk	40